


OUR SCHOOL IS TAKING PART IN  
**HEALTHY  
BONES  
ACTION WEEK**



**AUGUST  
19-25**

**(CHECK OUT THE LYRICS TO THE HEALTHY  
BONES SONG IF YOU'D LIKE TO SING ALONG)**

 Aussie kids need to build our bones  
Keep them strong and help them grow  
Remember to give them the 1, 2, 3  
Exercise, calcium and vitamin d  
Hop, hop, skip, skip, and jump in the sun  
We love our milk, cheese and yoghurt, so yum!

Healthy bones are for everyone! You can find  
out more by visiting [dairy.edu.au/healthybones](https://dairy.edu.au/healthybones)

**DISCOVER  
DAIRY**